



APGO Educational Series on Women's Health Issues

Contraception: Patient Counseling and Management

This module reviews the methods of contraception currently available in the United States, including the contraindications, risks/benefits, and noncontraceptive health benefits of each method. Information on counseling patients, as well as the unintended pregnancy rates for birth control methods, is also included.

The slide set is a concise, visual version of the monograph designed to supplement learning and provide a valuable teaching tool. All major topics on contraception presented in the monograph are covered in this slide presentation. It includes detailed speaker's notes that provide insightful talking points.

Case studies will reinforce adult learning and encourage discussion.

Intended Audience: The monograph and case studies are intended for healthcare professionals and medical school faculty who are involved in the primary care of patients seeking information on contraception, including women with medical problems. Healthcare professionals may include family physicians, obstetricians, gynecologists, general internists, nurse practitioners, and physician assistants.

The slide set is intended for use by ob-gyn educators.

Learning Objectives:

Upon completion of this educational activity, participants should be able to:

1. Outline the noncontraceptive health benefits of various methods of contraception.
2. List the methods of contraception currently available in the United States.
3. Describe the contraindications as well as the risks/benefits of each method.
4. Discuss contraceptive options and counsel patients based upon each individual's personal and family medical history, lifestyle, disease, risk factors and contraceptive needs.
5. Compare the costs of contraceptive methods and associated services, as well as identify the unintended pregnancy rates for birth control methods.
6. List the elements of patient-centered contraceptive decision-making and counseling.

Accreditation:

The Medical Educational Council of Pensacola is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Medical Educational Council of Pensacola designates the monograph in this module for a maximum of **3 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Requests for credit must be received no later than **August 31, 2017**.

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