



APGO Educational Series on Women's Health Issues

Diagnosis and Management of Endometriosis: Pathophysiology to Practice

Endometriosis is an enigmatic disease commonly associated with significant morbidity and reduction in quality of life among reproductive-age females. Timely diagnosis and effective management of the condition represents a significant challenge for both clinicians and patients alike. Efficacious treatment requires multidisciplinary approach to effectively manage the wide-ranging symptoms commonly associated with endometriosis, including pain, dyspareunia, infertility and reduced quality of life.

This online CME monograph was developed for medical school faculty to use to supplement training of residents and students, and for practicing healthcare providers to use to enhance their knowledge of endometriosis-related care.

Intended Audience: The monograph and interactive case studies are intended for healthcare professionals and medical school faculty who are involved in the primary care of patients seeking information on endometriosis. Healthcare professionals may include family physicians, obstetricians, gynecologists, general internists, nurse practitioners, and physician assistants.

The slide set is intended for use by ob-gyn educators.

Monograph Learning Objectives:

Upon completion of this educational activity, participants should be able to:

1. Understand the pathophysiology of endometriosis and its related effects
2. Identify the factors which can inform a timely diagnosis
3. Demonstrate ability to recommend appropriate medical and surgical management

Case Study Learning Objectives:

Upon completion of this educational activity, participants should be able to:

1. Describe the classification of primary versus secondary dysmenorrhea
2. Differentiate between isolated dysmenorrhea and endometriosis as a source of pelvic pain
3. Evaluate post-hysterectomy pelvic pain and symptoms
4. Evaluate multidisciplinary modalities to optimize management and limit refractory symptoms
5. Apply team approach towards achieving optimal outcomes for patients with pelvic pain

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