



## APGO Educational Series on Women's Health Issues

# A Case-Based Series on the Zika Virus: Patient Counseling, Diagnosis and Management

The Zika virus has made national headlines both for the speed with which it has spread throughout the Americas, and because of the effect it can have on the fetuses of pregnant women who contract the virus. Though there is still a lot more to learn about the virus, healthcare providers need information to be able to effectively diagnose and counsel patients.

This interactive, case-based teaching module is for use by obstetrician-gynecologist educators in instructing medical students and residents about the Zika virus and how to prevent exposure from patients at risk. The cases highlight current guidelines from the CDC (as of October 2016) in an effort to help ob/gyns provide optimal care for their patients. Given the timeliness of this topic, the cases may also serve helpful for healthcare providers trying to stay on top of the current guidelines.

**Intended Audience:** Obstetrician-gynecologist educators, medical students, residents.

### Learning Objectives:

Upon completion of this educational activity, participants should be able to:

1. Appropriately counsel patients interested in starting a family regarding the risks of the Zika virus
2. Provide useful information on how to protect against the Zika virus
3. Appropriately counsel pregnant patients about the risks of the Zika virus
4. Provide patients with knowledge about the signs and symptoms of the Zika virus
5. Appropriately counsel pregnant patients who may have been infected with the Zika virus
6. Diagnose and test patients for the virus
7. Inform the patient of the potential risks to the fetus if an infection did occur

### Contributing Faculty

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