

# Educational Topic 42: Puberty

## Rationale:

Puberty consists of physical and emotional changes associated with the maturation of the reproductive system. In order to provide appropriate care and counseling, the physician must have an understanding of normal puberty and recognize deviation from normal.

## Student should be able to:

Intended Learning Outcomes	Level of Competence	Instructional Method	Assessment Method	ACGME Competency	HSS	Emerging Topics	APGO eResources	EPA
A. Describe the changes in the hypothalamic-pituitary-ovarian axis and target organs during normal puberty	K	AL, CE, DT, IL	DO, MCQ, OE, OSCE	ICS, MK		BSR	BSV, OTC, uW	
B. Explain the normal sequence of pubertal events and ages at which these changes occur across different patient populations	K	AL, CE, DT, IL	DO, MCQ, OE	ICS, MK	PH, SD	BSR, GE	BSV, OTC, uW	
C. Discuss the psychological issues associated with puberty and how social and environmental factors may affect them	KH	AL, CE, DT, IL	DO, MCQ, OE, OSCE	ICS, MK, PC	PH, SD		OTC, uW	
D. Define precocious and delayed puberty, and describe the steps in the initial evaluation of these conditions, with consideration of value-based care	KH	AL, CE, DT, IL	CDR, CP, DO, MCQ, OE, OSCE	MK, PC, SBP	PH, PS, SD, VBC	BSR, GE, N	BSV, OTC, uW	1, 2, 3