

# Educational Topic 46: Dysmenorrhea

## Rationale:

Intermittent disability associated with dysmenorrhea can have an adverse effect on the social, educational and economic achievement of girls and women. Dysmenorrhea is a common and sometimes debilitating condition in reproductive-age women. Accurate diagnosis guides effective treatment.

## Student should be able to:

Intended Learning Outcomes	Level of Competence	Instructional Method	Assessment Method	ACGME Competency	HSS	Emerging Topics	APGO eResources	EPA
A. Define dysmenorrhea and distinguish primary from secondary dysmenorrhea	K	AL, CE, DT, IL	MCQ, OE	MK		BSR	BSV, OTC, uW	1
B. Describe the social and economic effects of dysmenorrhea on patients	K	AL, CE, DT, IL	CDR, MCQ, OE, OSCE	ICS, MK, PC	HP, PH, SD	PM, RX	BSV, OTC, uW	7
C. Describe the pathophysiology and identify the etiologies of dysmenorrhea, including social and environmental factors	K	AL, CE, DT, IL	MCQ, OE	ICS, MK	PH, SD	BSR	BSV, OTC, uW	1, 2
D. Discuss the steps in the evaluation and management of dysmenorrhea, with consideration of value-based care	KH	AL, CE, DT, IL	CDR, CP, MCQ, OE, OSCE	ICS, MK, PC, SBP	PS, QI, VBC	PM, RX, SS	BSV, OTC, uW	1, 2, 3, 4, 11