

# Educational Topic 49: Premenstrual Syndrome (PMS) and Premenstrual Dysphoric Disorder (PMDD)

## Rationale:

PMS and PMDD involve physical and emotional discomfort. Effective management of these conditions require an understanding of symptoms and diagnostic methods.

## Student should be able to:

Intended Learning Outcomes	Level of Competence	Instructional Method	Assessment Method	ACGME Competency	HSS	Emerging Topics	APGO eResources	EPA
A. Complete a history that can identify the criteria for making the diagnoses of PMS and PMDD	KH	AL, CE, DT, IL	DO, MCQ, OE, OSCE	ICS, MK	IP		OTC, uW	1, 2
B. Describe treatment options for PMS and PMDD, including an interprofessional team approach, with consideration of value-based care and how they relate to patient safety and population health	KH	AL, CE, DT, IL	CDR, CP, MCQ, OE, OSCE	ICS, MK, PC, SBP	IP, PH, PS, VBC	PM, RX	OTC, uW	3, 4, 9, 11